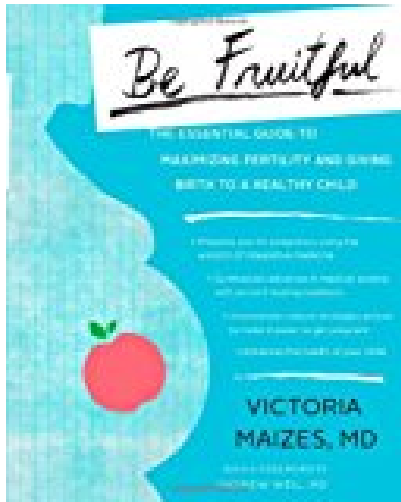


# Be Fruitful The Essential Guide to Maximizing Fertility and Giving Birth to a Healthy Child

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## BOOK DETAILS

- Author : MD Victoria Maizes
- Pages : 288 Pages
- Publisher : Scribner
- Language : English
- ISBN : 1451645473



## BOOK SYNOPSIS

A doctor, expert on womens health and professor of family medicine offers a mind-body approach to successfully becoming pregnant, offering dietary supplements and exercises that increase fertility as well as a discussion of potential roadblocks and how to eliminate them. Original.

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