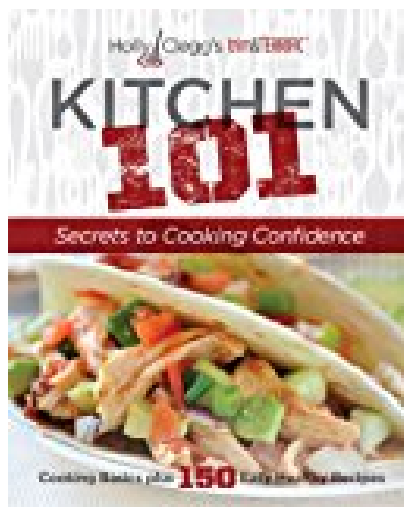


Holly Cleggs trim&TERRIFIC KITCHEN 101 Secrets to Cooking Confidence Cooking Basics Plus 150 Easy Healthy Recipes



BOOK DETAILS

- Author : Holly Clegg
- Pages : 192 Pages
- Publisher : The Cookbook Marketplace
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BOOK SYNOPSIS

More than 150 simple, practical, quick and super-satisfying healthy recipes with full-color photographs are included to show readers the basics of cooking. Includes diabetic-friendly options and nutritional and dietary information.

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