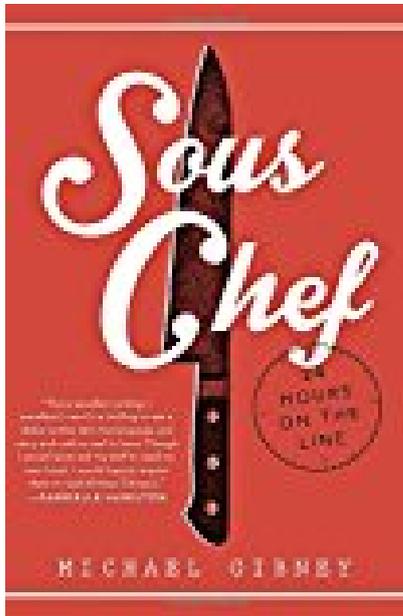


Sous Chef 24 Hours on the Line



BOOK DETAILS

- Author : Michael Gibney
- Pages : 240 Pages
- Publisher : Ballantine Books
- Language : English
- ISBN : 0804177899

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BOOK SYNOPSIS

The back must slave to feed the belly. . . . In this urgent and unique book, chef Michael Gibney uses twenty-four hours to animate the intricate camaraderie and culinary choreography in an upscale New York restaurant kitchen. Here readers will find all the details, in rapid-fire succession, of what it takes to deliver an exceptional plate of food—the journey to excellence by way of exhaustion. Told in second-person narrative, *Sous Chef* is an immersive, adrenaline-fueled run that offers a fly-on-the-wall perspective on the food service industry, allowing readers to briefly inhabit the hidden world behind the kitchen doors, in real time. This exhilarating account provides regular diners and food enthusiasts alike a detailed insiders perspective, while offering fledgling professional cooks an honest picture of what the future holds, ultimately giving voice to the hard work and dedication around which chefs have built their careers. In a kitchen where the highest standards are upheld and one misstep can result in disaster, *Sous Chef* conjures a greater appreciation for the thought, care, and focus that go into creating memorable and delicious fare. With grit, wit, and remarkable prose, Michael Gibney renders a beautiful and raw account of this demanding and sometimes overlooked profession, offering a nuanced perspective on the craft and art of food and service. Praise for *Sous Chef* “A wild ride, not unlike a roller coaster, and the reader experiences all the drama, tension, exhilaration, exhaustion and relief that accompany cooking in an upscale Manhattan restaurant.”—USA Today “Fascinating and fun . . . Gibney is both a gifted observer and supremely knowledgeable about his craft and the inner workings of a professional kitchen.”—The Boston Globe “Gibney has a fine ear for language and delivers an extraordinary amount of information about ingredients and techniques.”—The Wall Street Journal “*Sous Chef* reveals the high-adrenaline dance behind your dinner.”—NPR “Experience one exhilarating day in the shoes of a New York chef in this enthralling book.”—Parade “A vibrantly written guide to terminology and process, with plenty of real-time detail and a dash of kitchen gossip.”—Entertainment Weekly “[A] sizzling and informative debut . . . The choice of perspective pushes us through the text at breakneck speed, a subtle yet skillfully employed narrative move that also sets the stakes high for the reader. . . . Portion it out over numerous sittings for no other reason than prolonging its enjoyment.”—The Daily Beast “A terrific nuts-and-bolts account of the real business of cooking as told from the trenches. No nonsense. This is what it takes.”—Anthony Bourdain “Michael Gibneys you-are-there *Sous Chef* is one of the most informative, funny, and transparent books about the restaurant biz ever written.”—Bret Easton Ellis “This is excellent writing—excellent!—and it is thrilling to see a debut author who has language and story and craft so well in hand. Though I would never ask my staff to read my own book, I would happily require them to read Michael Gibneys.”—Gabrielle Hamilton, author of *Blood, Bones & Butter* From the Hardcover edition.

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